

2010 Weigh-in schedule

Saturday, 8/7/10

8:00 a.m. Hamilton Blue

8:30 a.m. West Chester

9:00 a.m. Hamilton Silver

9:30 a.m. Lakota Gray

10:00 a.m. Cincinnati Hurricanes

10:30 a.m. Miami Valley

11:00 a.m. Trotwood

11:30 a.m. Springfield

Sunday, 8/8/10

8:00 a.m. Lakota Blue

8:30 a.m. Finneytown

9:00 a.m. Lakota Orange

9:30 a.m. East Dayton

10:00 a.m. Fayetteville

10:30 a.m. Lakota White

11:00 a.m. Ross

11:30 a.m. North College Hill

Three coaches from each color unit must stay and weight in the team after you.